

Week 1

Monday

Selection of Fish
(Including gluten free salmon fish fingers)
Beef in Black Bean Sauce
Five Bean Pasta Bake (v)

Creamed Potatoes
Noodles
Peas, Baked Beans

Iced Sponge & Custard
Cheese & Crackers

Tuesday

Beef Grill
(80% beef with spinach and broccoli gluten free option available)
Pasta Neapolitan (v)
(Pasta served in a freshly made tomato sauce with a cheese topping)

Jacket Wedges
Creamed Potatoes
Sweetcorn, Baked Beans

Chocolate Mousse Slice

Wednesday

Roast Pork with
Apple Sauce & Gravy
Spanish Omelette (v)

Roast & Creamed Potatoes
Carrots, Broccoli
Peas
Cookie with
Milkshake

Thursday

Bolognaise
Jacket Potato with
Cheese & Beans (v)
Quorn & Lentil Bolognaise (v)

Spaghetti, Cauliflower
Carrots

Rice Pudding with
Raspberry Coulis
Flapjack

Friday

Pizza with a Selection of Toppings
Selection of Fish
Chips, Pasta
Sweetcorn, Baked Beans
Fruity Friday
Fruit Jelly
Assorted Yoghurts
Fruit Platter
Fruit Salad

Menu Weeks

06/11/17
27/11/17
01/01/18
22/01/18
12/02/18
12/03/18

Week 2

Monday

Chicken Curry with Naan Bread
(Tender pieces of chicken in a light curry sauce)
Selection of Fish
(Including gluten free salmon fish fingers)
Cauliflower &
Sweet Potato Curry (v)

Brown & White
Long Grain Rice
Baby Potatoes
Baked Beans, Sweetcorn
Raspberry Swirl & Custard

Wednesday

Roast Chicken with Gravy
Leek, Cabbage &
Sweet Potato Bake (v)

Roast & Creamed Potatoes
Carrots, Cabbage
Cauliflower

Chocolate Sponge with
Chocolate Sauce

Friday

Pizza with a Selection of Toppings
Selection of Fish
Chips, Pasta
Baked Beans, Sweetcorn
Selection of
Fruit Muffins
(Including blueberry)

Tuesday

Beef Meatballs with Freshly
made Tomato Sauce
Cheese, Onion & Potato Pie (v)
Quorn Balls with Freshly made
Tomato Sauce (v)

Pasta
Baked Beans
Broccoli

Cookie with
Milkshake

Thursday

Beef Hotpot
Selection of Hot & Cold Wraps
Quorn & Potato Bake (v)

Jacket Wedges
Creamed Potatoes
Peas, Carrots

Cheese & Crackers
Jelly Sundae

Menu Weeks

13/11/17
04/12/17
08/01/18
29/01/18
26/02/18
19/03/18

Week 3

Monday

Crispy Chicken with
Sweet & Sour Sauce
Bacon Carbonara
Macaroni Cheese (v)

Noodles
Baby Potatoes
Green Beans
Sweetcorn

Ginger & Orange Sponge
with Custard

Wednesday

Roast Beef with Yorkshire
Pudding & Gravy
Free Range Roast
Vegetable Quiche (v)

Roast & Creamed Potatoes
Carrots
Broccoli
Cauliflower

Cookie with
Milkshake

Friday

Pizza with a Selection of Toppings
Selection of Fish
Herby Pasta
Chips
Baked Beans
Sweetcorn
Selection of Cupcakes

Tuesday

Cottage Pie with Gravy
Cheese & Onion Parcel (v)
Vegetable Pie with Gravy (v)

Pasta
Baby Potatoes
Peas, Baked Beans
Chocolate &
Vanilla Shortbread

Thursday

Big Breakfast
(Bacon, sausage, mushrooms, fresh tomatoes & scrambled egg)
Vegetarian Breakfast (v)

Fresh Bread Wedge
Baked Beans
Mushy Peas

Strawberry Mousse Slice

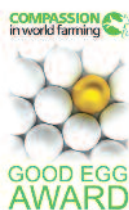
Menu Weeks

30/10/17
20/11/17
11/12/17
15/01/18
05/02/18
05/03/18
26/03/18

Available daily: Freshly made bread, selection of salads, fresh fruit and assorted yoghurts as an alternative to dessert of the day. The menu may vary on promotional days. **Allergy information available on request.**

Did you know?

- 75% of all meals are freshly prepared.
- 50% of produce is locally sourced.
- All meals are offered with salad, wholemeal bread and a vegetable selection.
- We use Red Tractor chicken, which guarantees safe, quality chicken which meets welfare standards.
- All fish used on our menus are Marine Stewardship Certified (MSC), meaning we only use compliant sustainable fisheries operating to high standards.
- We do not add salt to our dishes.
- All eggs are free range.
- All cakes and biscuits on offer are freshly-made.
- Once per menu cycle an assortment of fruit jelly, fresh fruit and yoghurt's are the only pudding option.
- All puddings are made from reduced sugar recipes and fresh fruit is available daily.
- Additional gluten free options can be available on request.
- Please be aware that our gluten free products are prepared and cooked in the same school kitchen as our non-gluten free products.



Allergen information

Details of allergens for each Shire Services' recipe are listed in our allergy guidance packs. Please contact the school to arrange to meet the school Catering Manager to discuss any dietary requirements.

Why not join our team?

We offer job opportunities for employment in administration, catering and cleaning. All job vacancies are advertised at:

<https://shropshirejobs.engageats.co.uk>

Free school meals?

You may qualify for free school meals. Telephone 0345 678 9000 for further information.



Head Office

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shire.services@shropshire.gov.uk
www.shropshire.gov.uk/shire-services

The Food Enterprise Centre
Battlefield Enterprise Park
Shrewsbury
SY1 3TG

Follow us on Facebook as 'Shire Services' and Twitter as 'Shropschoolmeal'



Local Food Freshly Made!

Belvidere Primary School
Lunch Menu
October 2017 - March 2018



LOCAL seasonal
traceable healthy
TASTY free range
SUSTAINABLE **FRESH**

